



Annual Report

2022

Making Good Better

Richmond Food Bank Society

100-5800 Cedarbridge Way, Richmond BC V6X 2A7

Charity Number: BN 11907 8228 BC0001

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Our History

Mission

To be a caring organization providing food assistance, advocacy and related support to community members in need

Vision

A caring community where no one goes hungry

Values

*Respect
Service
Cooperation
Accountability
Advocacy*

Motto

*Sharing the bounty of our community
with our neighbours in need*

The Richmond Food Bank Society is a dynamic hub that connects people, food and services that are essential to the health and well-being of our community.

The Richmond Food Bank was established on March 6, 1983, through the collaboration of St. Alban Anglican Church and Richmond Presbyterian Church. From humble beginnings, serving twenty families on its first day, we have grown into a vital organization that plays a crucial role in addressing food insecurity in our community.

Today, the Richmond Food Bank serves over 2000 individuals each week through our grocery assistance program. We conduct seven distributions at four different locations across Richmond, ensuring that nutritious food reaches those who need it most. Additionally, our home delivery program, school meal program, and support to community partners further extend our reach and impact.

The heart of our organization lies in the unwavering support of the Richmond community. Whether it is through food donations, financial contributions, or the invaluable gift of time, our neighbors consistently rise to the occasion, standing in solidarity with those facing food insecurity. It is this community spirit that fuels our work and enables us to make a meaningful difference in the lives of others.

As a registered charity, we are guided by a dedicated volunteer board of directors, who provide strategic direction and ensure the effective governance of our organization. We are proud members of Food Banks BC, Food Banks Canada, and Community Food Centres Canada's Good Food Organizations, collaborating with like-minded organizations to create a more equitable food system. Our membership in various community organizations reflects our commitment to collective action and addressing broader social issues.

Together, we continue to build a stronger, healthier, and more inclusive community where no one goes hungry.



Message from the President

Board of Directors

Carol Yan Lau
President

Ed Montague
Vice President

David Barbosa
Treasurer

Dave Elviss
Secretary

Mamie Cathcart
Director

Kelvin Choy
Director

Lola Merenda
Director

Steve Miller
Director

Richard Rand
Director

On behalf of the Board of Directors of the Richmond Food Bank Society's Board of Directors, I want to offer our sincere thanks to the many people, organizations, and businesses who have rallied behind our mission to build a caring community where no one goes hungry. Your unwavering support has been instrumental in our efforts to provide essential food assistance to those in need.

Throughout the COVID-19 pandemic, food banks in Canada have seen a major surge in visits. For the Richmond Food Bank, the high cost of living and ongoing economic disruptions led to a record number of new clients utilizing our services, and sadly, 2023 is shaping up to be no different. However, regardless of the demands placed on our Society, I am always humbled to witness our community kick it up a notch by working harder, and donating more in terms of volunteer hours, funds, and food. The kindness and compassion of our community has helped us keep our doors open and our services running safely and efficiently.

I am incredibly proud of the Board's accomplishments in supporting our dedicated staff. In November 2022, the Board unanimously approved a motion to make the Richmond Food Bank Society a Living Wage Employer, ensuring that our staff members receive fair compensation for their invaluable contributions.

As we navigate the path ahead, we invite you to stay connected with us and join us in our mission to be a dynamic hub that connects people, food, and services that are essential to health and well-being – the hallmark of a caring community.

Warm Regards,



Carol Yan Lau
President
Richmond Food Bank Society

Message from the Executive Director

I am pleased to present to you the annual report for the Richmond Food Bank Society, documenting our collective efforts and achievements in the year 2022. We remained committed to our mission of improving the lives of individuals and families who rely on us for emergency food assistance, and constantly worked towards making good, better.

A total of 43,925 visits were made to the food bank by households accessing our emergency grocery services. This was a 52% increase from the year prior and roughly half of the people served were accessing a food bank for the first time. The number of people accessing our services was unprecedented but with ongoing program improvement, collaboration, and innovative approaches we ensured that we were able to meet the increased demand and ensured that we were available for people in times of their greatest need.

None of our work would have been possible without the compassionate support of our donors, volunteers, staff, and community partners. Your dedication, generosity, and commitment have been the backbone of our organization, allowing us to meet the increasing demand and provide nourishment to our neighbours in need. As you read through this report, I hope you will be encouraged, inspired, and motivated by all that we were able to accomplish together.

The need is greater than ever and as we move forward, let us not forget the huge impact our collective efforts have on the many people who struggle with food insecurity in our community. We will stay committed to our neighbours in need in our pursuit to make good, better.

Sincerely,



Executive Director
Richmond Food Bank Society

Staff Team

Alexandra Atkinson
Community Development Manager

Michael Castillo
Distribution Coordinator

Stuart Clough
Food Recovery Coordinator

Hajira Hussain
Executive Director

Winnie Lee
Client and Volunteer Assistant

Richard Nguyen-Truong
Logistics Coordinator

Frankie Quinn
Volunteer Coordinator

Giovanny Urrutia
Client and Volunteer Assistant

Elizabeth Vondette
Office Manager

Keith Yee
General Manager

Canada Summer Jobs Staff:

Kara Ma
Communications Coordinator

Rina Kwok
Programs Coordinator

Annual Activity Report -2022

Making Good Better

Coming out of the pandemic, we focused on building back a sense of community and in doing so we never settled with what was good enough but pushed ourselves to make our good, better. We collectively embarked on a journey to improve our program operations, invested in equipment upgrades and worked towards innovative approaches to better serve our clients.

Rebuilding a Sense of Community: Recognizing the importance of community, we dedicated ourselves to restoring the connections that were weakened during the height of the pandemic. We resumed our annual volunteer appreciation events from virtual to in-person and welcomed back many of our past volunteers who took a break during the pandemic. We also resumed hosting corporate volunteer groups to help them connect with our neighbours in need.

Never Settling for Good Enough: When it comes to addressing the pressing issue of food insecurity, doing good is just not enough. Instead, we embraced a mindset of continuous improvement and set higher standards for ourselves. Offering coupons to the local farmers market, keeping our produce stations stocked up with donation from our food industry and farm partners. We understood that our community deserves the best, and we were determined to go above and beyond to achieve it.

Striving for Excellence: In our pursuit of making our good better, we prioritized excellence in all aspects of our work. We worked with many student groups to assist us with evaluating our programs, processes, and services and identify areas for improvement. By seeking feedback from our staff, volunteers, and clients, we gained valuable insights that guided our efforts to enhance the effectiveness and efficiency of our operations.

Engaging the Community: Building a caring community requires active engagement and collaboration. We participated on various committees and community initiatives to share our work and create awareness about our program and services. Through partnerships with local organizations, businesses, and individuals, we harnessed the collective power of our community to create meaningful change.

Investing in Resources: To elevate our impact, we recognized the importance of investing in the necessary resources. This included laying the groundwork to become a Living Wage Employer to acknowledge the value our staff brings to our organization. We also prioritized technological advancements and warehouse improvements to enhance operational efficiency and service delivery. These investments demonstrate our commitment to continuous improvement and providing the highest level of support to our community.

2022 Year in Review:

- Initiated a new off-site depot at Church on Five to ease the increased demand at the main location.
- Reserved the first half hour of our Monday and Wednesday Grocery distributions for Seniors
- Provided our clients with \$22,000 worth of grocery cards through the Emergency Food Security Funding
- Scheduled group volunteers to offer hot dogs, hot chocolate, and other treats to enhance client experience during grocery distributions.
- Started the BC Farmers Market Coupon Program for 20 food bank participants.
- Switched to Office 365 and invested in equipment upgrades.
- Gave the entire warehouse a fresh look with paint donation from Amazon.
- Hosted 80 food bankers from across the province for a tour of the Richmond Food Bank
- Engaged student groups from UBC to assist us with exploring our relocation options (UBC-180 Degrees Consulting), analyzing household grocery hamper size, and outlining guidelines for creating a client led advocacy committee.
- Received a grant from Literacy Richmond to strengthen our School Meal Program and five grants from Food Banks BC for strengthening grocery distribution program
- Piloted the annual mailout brochure electronically via Constant Contact.

As we reflect on our achievements, we remain cognizant of the ongoing challenges driving the need for our services. Yet, we view these challenges as opportunities for innovation, collaboration, and advocacy. With a focus on sustainable solutions, we strive to address the underlying causes of food insecurity, embracing opportunities for positive change within our community.

Programs:

Grocery Distribution Program: We continued to expand our reach and enhance our programs and services. We provided grocery assistance to over 3,387 unique households, resulting in a total of 43,925 visits to our food bank. Each household received a diverse range of perishable and non-perishable food items to nourish themselves and their families.

Acknowledging the diverse needs of our community, we implemented several initiatives to enhance accessibility. We introduced reserved seniors' time during Monday and Wednesday distributions, catering specifically to seniors aged 70 and above. Furthermore, we established a third offsite depot at Church on Five, conducting distributions on Wednesday evenings from 4:30pm to 5:30pm. This expansion allowed us to reach individuals who faced challenges with distance or long wait-times, ensuring that we meet people where they are at.

Fresh Gardens and Growing Program: The community garden program at the Garratt Wellness Centre continued to thrive in 2022, thanks to the dedication of a small group of gardening enthusiasts who generously grew food for the food bank. We are immensely grateful to West Coast Seeds for their ongoing donation of high-quality seeds, which played a significant role in our garden's success. Additionally, we were able to utilize saved seeds from the previous year, maximizing our resources and sustainability.

Throughout the growing season, we harvested an array of nutritious vegetables, including



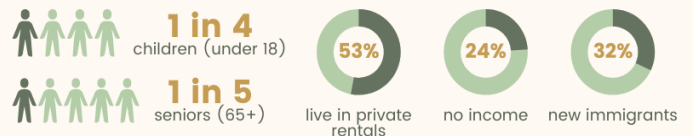
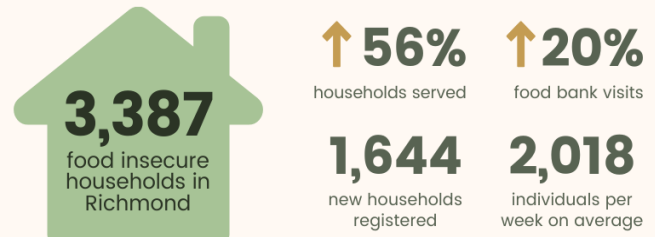
RICHMOND FOOD BANK SOCIETY

2022 YEAR IN REVIEW

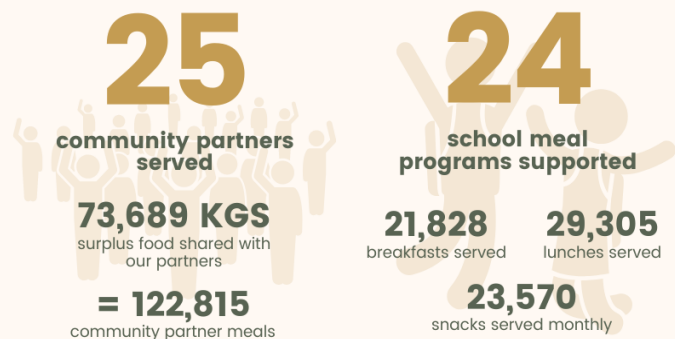
FOOD RECOVERED



FOOD DISTRIBUTED



FOOD SHARED



THANK YOU! Your continued support over the past year has helped us support those in need in our community.

peas, spinach, lettuce, carrots, beets, beans, spring onions and garlic. These fresh and healthy crops made their way into our food bank distributions, directly benefiting our clients.

We extend our heartfelt appreciation to our regular garden volunteers, whose unwavering commitment has been instrumental in the success of our garden. Their dedication to caring for and maintaining the garden ensures its productivity year-round. With a team of 10 regular volunteers, we can provide ongoing care and support for our garden, resulting in a bountiful harvest.

We also had the pleasure of hosting a group of 11 volunteers from the Pioneer Leo club. These enthusiastic volunteers actively participated in making herb bundles and harvesting beans. Their energy and hard work significantly contributed to our garden's productivity and success.

BC Farmers Market Coupon Program

We are thrilled to have been approved as one of the newest members of the BC Farmers Markets Coupon Program. This membership has enabled us to extend the benefits of the program to our community members in need. We were able to provide 10 seniors and 10 pregnant and new parent families with coupons to purchase fresh fruits and produce directly from our local farmers' market.

The BC Farmers' Market Nutrition Coupon Program (FMNCP) is an incredible initiative that promotes healthy eating, supports local farmers' markets, and enhances food security throughout British Columbia. Through partnerships with community organizations, coupons are distributed to lower-income families, pregnant individuals, and seniors participating in food literacy programs. These coupons can be redeemed at participating farmers' markets across the province, allowing recipients to purchase a variety of nutritious foods.

Through the FMNCP, each enrolled household is eligible to receive a minimum of \$27 in coupons per week. This support is crucial, particularly during the summer months when produce is abundant and diverse across the province. By empowering individuals and families to access and enjoy locally grown, healthy food options, we are fostering food security and promoting the importance of a balanced diet.

We are excited to continue our participation in the Farmers' Market Nutrition Coupon Program, knowing that it has the power to positively transform the lives of individuals and families in need. By supporting local farmers and promoting healthy eating habits, we are not only addressing immediate food needs but also fostering long-term well-being and resilience within our community.

School Meal Program:

Our commitment to supporting school meal and snack programs remained steadfast thanks to our collaboration with the Breakfast Club of Canada and the Richmond School District. Together,

we are making a positive difference in the lives of children, promoting their health and well-being, and empowering them to reach their full potential.

We were proud to expand our reach and provide assistance to a total of 24 school meal and snack programs, representing a significant 20% increase compared to the previous year. The dedicated volunteers from St. Anne's Anglican Church continued to champion our school lunches program. Collectively, they we were able to serve an impressive 29,305 school lunches throughout the school year. These nutritious meals not only nourished the students but also contributed to their overall well-being and academic success.

In addition to the lunches, we also continued to provide breakfast and healthy snack items to the schools participating in our program. We were able to ensure that students had access to a variety of nutritious options to start their day right.

During the summer months, we were fortunate to receive the After the Bell grant from Food Banks Canada. This initiative allowed us to offer snack bags to households with school-aged children, ensuring that they had access to nourishing food even during the Summer break. We understand the importance of continued support and consistency in meeting the nutritional needs of children throughout the year. We believe that every child deserves access to healthy and nourishing meals, and we are working hard to make that a reality in our community.

Knit 2gether Program

The Knit 2gether program continued to flourish independently throughout the year, thanks to the unwavering support of knitting enthusiasts from both within and outside the Richmond Food Bank (RFB) community. These dedicated individuals generously donated their time and resources by knitting at home and delivering the finished scarves and toques to us.

The handmade scarves and toques became valuable additions to our distributions, especially during the cold and chilly winter months. We are immensely grateful for the thought and care put into each knitted item, as they provided much-needed warmth and comfort to our clients during the colder seasons.

The Knit 2gether program showcases the power of community collaboration and highlights the generosity and creativity of individuals who contribute to our cause. Their commitment to making a positive impact on the lives of those in need is truly inspiring.

Food Recovery Program

Our collaboration with retail and wholesale partners, local farms and community organizations remained strong, providing us with generous donations of both non-perishable and perishable food.

We successfully recovered a total of 736,172 kilograms (1.6 million pounds) of food, with an impressive 73% (540,190 kilograms or 1.1 million pounds) consisting of perishable items. This

emphasis on perishable food reflects our commitment to offering fresh and nutritious options to those in need.

Our partnerships with various farms in the community were instrumental in supplementing our grocery distributions with fresh, locally grown produce. The Sharing Farm, KPU Sustainable Agriculture program, Richmond Allotment Garden Association, Victory Gardens at Lansdowne Centre, and dedicated hobby gardeners played a vital role in delivering a diverse array of fruits and vegetables.

Furthermore, we continued our collaboration with close to 25 different community organizations and programs by providing surplus bulk food and non-food items. This commitment to sharing resources beyond our immediate services allows us to extend our reach and positively impact a broader range of individuals in need.

According to the 2022 food valuation guide established by Food Banks Canada, the total value of the food we recovered in 2022 amounted to an estimated \$5,204,736. This valuation demonstrates the significant impact we have in providing valuable resources to individuals and families facing food insecurity.

Partner Testimonial:

Thank you for being so willing to donate food products to Freshwave Ministries when there is abundance. We really appreciate all you do.

Casey Muir

Freshwave Ministries

It is important to note that overall food donations were lower by 9% compared to the previous year. This decrease can be attributed to the soaring food prices at the grocery stores, which may have impacted the quantity of donated food. Despite this challenge, we remain dedicated to meeting the needs of our community and ensuring access to essential resources.

To sustain our operations and ensure a consistent food supply, approximately 20% of our overall budget was allocated to purchasing food. These funds enabled us to procure dairy products on a weekly basis and make essential staple item purchases such as pasta and tuna when our inventory ran low.

Our Clients

We continued to provide a dignified and welcoming experience for the increasing number of people who turned to us each week for their grocery needs. All through the year we saw an increased demand for emergency food assistance which was driven by the ripple effects of the pandemic, rising food prices, and the ongoing refugee crisis. We saw an unprecedented increase in our client numbers and immediately got working on seeking opportunities to better manage the increase in client numbers.

Together, we served a total of 6,405 unique individuals from 3387 households who visited the food bank 43,925 times throughout the year. Food bank visits were up by 20% and the number of households served increased by 56%.

The ongoing refugee crisis in Ukraine had a significant impact on our community, particularly in relation to the increased number of newcomers seeking temporary housing in Richmond hotels. This influx resulted in a remarkable 52% increase in the new immigrant population. Many of these families already struggle with language and employment barriers and the high cost of renting in Richmond, is simply an added to their financial struggle.

A staggering 55% of individuals accessing our services live in private rentals and report that they are spending approximately 50% or more of their household income on rent alone. This financial burden leaves them with limited resources to meet their basic needs, including accessing an adequate and consistent food supply.

Additionally, we have observed that approximately 7% of the individuals accessing the food bank are students enrolled in post-secondary education. This statistic sheds light on the additional financial pressures faced by students, who must navigate the high costs of education while also addressing their basic needs.

Making Client Experience Better:

We were able to provide grocery gift cards to each one of the households we served not once but twice during the year. Funding for the gift cards was made possible through generous grants from Food Bank Canada's Emergency Food Security Funding intake 3 and 4.

The Afghan Refugee grant enabled us to serve refugee families from Afghanistan with culturally appropriate halal food, bus passes and grocery carts.

Thanks to Food Banks BC's Emergency Food Purchasing Program we were able to increase



the quantity of milk offered to each of our households and started offering eggs once a month. The After the Bell grant from Food Banks Canada allowed us to supplement the pre-packed snack bags with fresh fruit and dairy products. We offered these to families of school aged children during the Summer months.

Building on the Connecting Food Systems symposium from last year, we created a peer led food action committee to create a formal space for our clients to address gaps in service.

Recognizing the increase in our older population, we piloted the Seniors only distribution during the first half hour of our regular Monday and Wednesday distributions. To supplement these distributions, we received regular donations of Depends from our partners at the Richmond Poverty Reduction Coalition.

Through our collective efforts, we continued to seek creative ways to better serve individuals and families accessing our services during these challenging times.

Our Staff

Our dedicated team of twelve part-time and full-time staff members demonstrated remarkable resilience and commitment in the face of increased demand for our services. Despite the challenges, each member of the staff team worked tirelessly to ensure the continuity of our programs and services, engage with donors and community partners, maintain program excellence, and advocate for the needs of our clients.

One significant accomplishment was the successful establishment of a third off-site distribution depot in partnership with Church on Five. This additional location has helped alleviate the increased client numbers at our main site, providing greater accessibility to those in need. Michael Castillo played a pivotal role in coordinating the Church on Five depot, showcasing his dedication to serving our community.

Managing the unprecedented increase in client numbers took a lot of creativity, planning and perseverance as well as conflict management skills. As our Client and Volunteer Assistant, Giovanni Urrutia had a good mix of everything and was able to provide a warm, and welcoming atmosphere for our clients during our grocery distributions. Additionally, his regular reporting of client statistics provided valuable insights for ongoing program evaluation and improvement.

Stuart's recognition of the power of food in creating a calming environment during stressful times proved to be invaluable. His innovative idea of serving hot dogs, ice cream, popsicles and water during the summer months and hot chocolate during the winter months had a positive impact on our clients' moods as they waited for their turn to pick up their groceries. These initiatives have not only provided a warm and comforting treat but also contributed to reducing client behavior issues.

In her role as Community Development Manager, Alex Atkinson made remarkable progress in program support and community outreach. She was instrumental in securing two grants: Food Banks Canada's Afghan Refugee Grant and a grant from Literacy Richmond. Alex's work with UBC student interns in creating a Peer Led Advocacy committee and her contribution to the transition to Office 365 further enhanced our operations. Additionally, her representation at the Richmond Poverty Reduction Coalition ensured that we continued to advocate for the unique needs of our clients.

Keeping our volunteers engaged and fostering a sense of community has been a top priority for us. With the addition of Frankie Quinn to our staff team, we have been able to provide our volunteers with meaningful roles and opportunities to support our clients effectively. Frankie's expertise and work ethic have made a significant impact, and we have been able to invite more corporate volunteer groups on a regular basis.

Keith's dedication to fostering meaningful community partnerships has been instrumental in strengthening our school meal program and food recovery efforts. Through collaborative efforts,

we have been able to expand our reach to recover more food for our clients and provide nutritious meals to more students in need.

Elizabeth's warm and welcoming presence in our front office created a positive environment for our clients. Her exceptional skills in client registration and administrative tasks ensured smooth office operations and efficient service delivery.

Richard's commitment and dedication is evident in his vital role in picking up retail donations on the weekends. Through his work we were able to have a steady supply of food to start off the distribution on Mondays.

We were delighted to welcome back Winnie Lee, who previously served as a summer intern. Her patient and thoughtful support to both our clients and volunteers during distributions have been greatly appreciated. Winnie's contributions further strengthened our team and enhanced our ability to better serve our community.

We welcomed back two of our past student interns- Rina Kwok and Kara Ma as part of the Canada Summer Jobs program. Rina's contributions to the garden program and her creation of recipe cards for the BC Farmers Market Coupon program helped enhance our food literacy initiatives. Kara's ongoing support in communications, including designing the annual donor brochure and assisting with food drives, has been invaluable in spreading awareness and engaging volunteers

Professional Development:

Staff participated in various professional development opportunities throughout the year and added value to their personal and professional growth and learning.

- Food Banks BC Member Conference-Alex Atkinson, Elizabeth Vondette, Hajira Hussain, Keith Yee, Michael Castillo, Lola Merenda and Carol Yan Lau
- Level 1 Food Safe Course: Alex Atkinson
- Charity Village-Budgeting for Non-Profits, Strategic Planning, Writing Effective Policies and Procedures-Hajira Hussain
- Volunteer Futures Symposium-Volunteer BC: Frankie Quinn

Our Volunteers

Our dedicated group of volunteers are the heart of our organization. In 2022, they selflessly gave their time and energy to help our cause. Their commitment and passion have been invaluable, allowing us to efficiently serve our community.

Approximately 230 RFBS volunteers contributed a total of 48,000 hours which is equivalent to 27FTEs

We are proud to have nominated Brandon Kato, Calvin Zhang, and Truman Wong for the Volunteers Are Stars Awards, recognizing their exceptional dedication and compassion in serving our clients.

In April, we resumed our in-person volunteer appreciation event during National Volunteer Week, followed by the annual volunteer BBQ in August and the Volunteer Appreciation Potluck in November. While we couldn't participate in the Steveston Dragon Boat Festival race due to paddler shortage, we engaged with festival attendees through our food bank booth, strengthening our community connections.

Sadly, we lost many of our long serving volunteers in 2022. Fran Oeser, Jack Pearson and Jack Cantello.

Fran was one of our longest serving volunteers. She was 94 years old when she stopped volunteering at the food bank and would have most likely continued to volunteer if it wasn't for the pandemic. She loved volunteering at the food bank and enjoyed all the friendships that she made over her 32 years of active service. Fran was a gracious, elegant, empathetic, and dedicated volunteer who always put service above herself. She was an inspiration to all.

Jack Pearson was past president, volunteer and founding members of the RFB. If it wasn't for his visionary leadership, there probably would not have been a Richmond Food Bank. Jack stayed connected to the food bank even after moving out of Richmond and dedicatedly attended our annual volunteer appreciation events with his dear wife Ellen.

John Cantello volunteered for the food bank for 19 years, serving our clients with utmost dignity and respect. He was one of the first members of the Daniels Road distribution depot team that was started back in 2003. A very meticulous, kind, patient and compassionate human being who was a mainstay at the "Choices" station.

Donors and Community Partners

Ongoing community support combined with our partnerships with existing food retailers and distributors ensured a steady flow of food and monetary donations. We extend our heartfelt gratitude to our community of generous donors who continue to rally around our cause, demonstrating unwavering support throughout the year.

We are especially thankful to the following organizations for their compassionate donations exceeding \$10,000:

- Food Banks BC
- Food Banks Canada
- Richmond Firefighters Association
- Gilmore Park United Church
- V.I.B. Motors Ltd.
- Richmond Auto Mall
- Odlum Brown
- Great Canadian Casinos Inc.
- Peter Young Foundation



Staff at the River Rock Casino and Resort chose the Richmond Food Bank as their CHOICE charity for the year. They organized various food drives and fundraiser in support of the food bank all through the year.

We piloted sending the annual mail-out brochure electronically through our new email platform Constant Contact. It was very successful as 85% of our donors received the electronic version and 15% received the print version. We saw a 72% increase in the number of reactivated donors compared to last year. This is just another example of our pursuit of making good, better.

Communications and Outreach

Our active participation on committees like the Richmond Community Services Advisory Committee, Food Aid Delivery Coalition, City of Richmond's UBCM project committee, and the Richmond Poverty Reduction Coalition allowed us to collaborate with other nonprofits and share information about our services.

We resumed in-person tours for school groups and corporate volunteers, providing them with an opportunity to learn about our work and raise awareness.

Engaging student groups from UBC, such as UBC-180 Degrees Consulting, helped us explore relocation options, analyze grocery hamper size, and develop guidelines for a client-led advocacy committee.

We also welcomed local nonprofits and student nurses from UBC and BCIT to engage with our clients during distributions. The student nurses provided valuable and pertinent information to our clients on various topics such as managing Diabetes, Hypertension and creating awareness on the province's COVID-19 vaccination program.

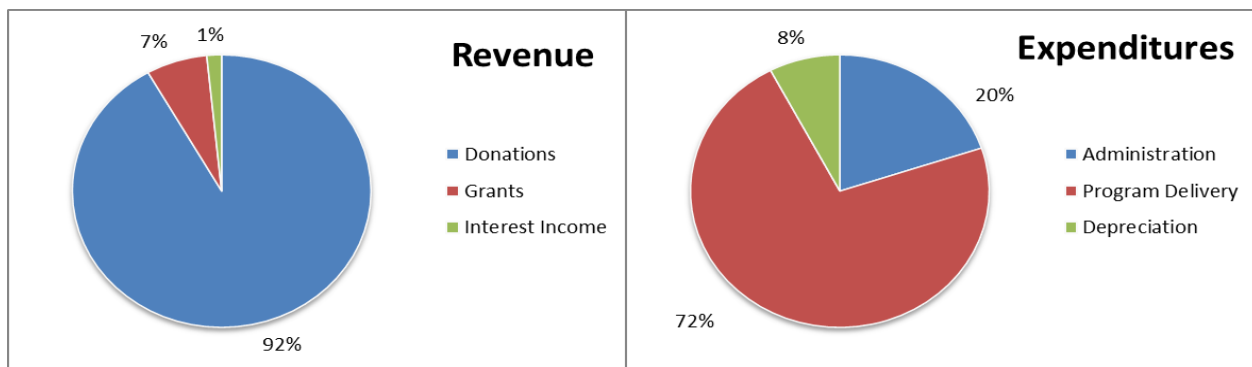
In recognition of the significance of digital communication, we continued to maintain an active presence on our website and various social media platforms. By sharing updates, stories, and information about our work, we were able to connect with our community in a meaningful and accessible way. Through these online channels, we aimed to keep our supporters informed, engaged, and connected to our mission of addressing food insecurity and building a caring community.

Statement of Operations

We are grateful to all the individuals, businesses, social clubs and foundations for supporting our work in so many new and innovative ways. Monetary donations as well as donations of food strengthened our programs and allowed us to provide better quality and quantity of food to an increasing number of individuals who accessed and continue to access our services every single week of the year.

Summary Statement of Operations-2022

Summary Statement of Operations	
Revenue	\$1,448,983
Expenditures	\$929,337
Net Income	\$519,646



Revenue		Expenses	
Donations	\$1,281,600	Administration	\$164,765
Grants	\$128,797	Program Delivery	\$710,749
Interest Income	\$38,586	Depreciation	\$53,823
Total Revenue	\$1,448,983	Total Expenses	\$929,337

Revenue

Donations: Individuals, businesses, nonprofits, service clubs

Grants: Food Banks Canada (Emergency Food Security Fund Intake 3&4; Link2Feed Grant; After the Bell; Afghan Refugee Grant), Literacy Richmond

Expenses

Program Administration: Advertising, Bank Charges and Interest, Insurance, Professional Fees, Rent, Telephone & Utilities

Program Delivery: Client Outreach, Warehouse Supplies, Garbage and Compost, Office Supplies, Computer Expenses, Repair and Maintenance, Security Systems, Food & Goods Purchases, Training, Vehicle, Volunteer Expenses, Wages and Benefits

With Sincere Thanks

As we reflect on our journey of making our good better, we are proud of the progress we have made and the positive impact we have had on our community. We extend our deepest gratitude to our dedicated staff, volunteers, donors, and community partners who have joined us in this pursuit. Together, we have strengthened our community, enhanced our programs, and empowered individuals and families in need.

As we move forward, we remain committed to addressing the evolving needs of our community. We will continue to adapt and expand our services, forge meaningful partnerships, seek innovative solutions, and foster collaborations that strengthen our impact. But we cannot do it alone. Your support, in whatever form it takes, is crucial to our success.

It is your support that enables us to create lasting change and make a difference in the lives of those who rely on us. Thank you for standing with us on this journey to achieve a community where no one goes hungry.

